

PROTOCOL for Oral medication with Injections

**** Please contact your insurance company to see if prior- authorization is needed for the medication, ultrasound, or the specific infertility procedure that is being done. If prior approval is needed, please let the nurses know.**

1. Call when your period starts to schedule a baseline ultrasound. This needs to be done within the first 3 days of your cycle.
2. Take your prescribed oral medication on Day 3 through Day 7 of your cycle.
3. Start your injections in the evening on Day 7 of your cycle and give each injection at the same time every night. Continue the injections until you have a positive surge (or until HCG is given, if needed). HCG may be given to induce ovulation.
4. A mid-cycle ultrasound will be done for follicle tracking. Start using the ovulation predictor kit on Day 12 of your cycle.

See the Injection Instruction Sheet that was given to you.

If the medication HCG is required, it may be given in the office or in some circumstances it may be given at home at a specific time. If given at home, draw up 1 – 2 cc of normal saline to mix with the powdered medication.

Proper needle disposal – Used needles need to be placed in a container that will not allow the needles to break through the surface of the container, such as a metal or glass container with a lid. The needle should be re-capped before putting it into the container. The container should be brought to our office for proper disposal.